

Name _____ Class _____

Week 1 w/b 6 November 17	
Mon	Cheese & tomato wholemeal pizza, diced potatoes & corn on the cob
	Southern fried Quorn fillet, diced potatoes & corn on the cob
	Jacket Potato with coleslaw & salad
	Mini bite and melon or fruit yoghurt/fresh fruit
Tues	Pork meatballs in tomato & basil sauce, with pasta twists and salad
	Quorn meatballs in tomato & basil sauce, with pasta twists and salad
	Jacket Potato, tuna & Sweetcorn mayo, salad
	Fruit jelly & cream or fruit yoghurt/fresh fruit
Wed	Roast Chicken in gravy, roast potatoes, seasonal veg
	Vegetable & lentil pie, roast potatoes, seasonal veg
	Jacket potato, cheese & vegetable sticks
	Jam tart & custard, yoghurt or fresh fruit
Thurs	Mild beef chilli with a mini taco, basmati rice and side salad
	Jacket potato cheese and baked beans
	Jacket Potato with chicken & bacon mayo and salad
	American style pancakes with fruit and cream or fruit yoghurt or fresh fruit
Friday	Fishcake mashed potato and baked beans
	Cheese & tomato omelette, mashed potatoes & baked beans
	Jacket Potato, cheese & beans
	Lemon muffin or fruit yoghurt or fresh fruit

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Week 2 w/b 13 November 17	
Mon	Beef burger in a roll, diced potatoes and side salad
	Vegetarian burger in a roll, diced potatoes and side salad
	Jacket Potato, cheesy coleslaw, crunchy veg
	Oat & raisin cookie or fruit yoghurt or fresh fruit
Tues	Breaded chicken fillet, new potatoes and corn on the cob
	Quorn dippers, new potatoes and corn on the cob
	Jacket Potato, cheese and crunchy veg
	Cherry crumble & custard or yoghurt or fresh fruit
Wed	Beef lasagne with a herby bread roll and crunchy veg sticks
	Macaroni cheese with a herby bread roll and crunchy veg sticks
	Jacket potato, tuna & sweetcorn mayo
	Chocolate & pear sponge, chocolate sauce or fruit yoghurt/ fruit
Thurs	Roast Turkey in gravy, stuffing, roast potatoes, seasonal veg
	Quorn mince & vegetable pie, roast potatoes, seasonal veg
	Jacket Potato, spaghetti hoops and cheese
	Fruit cocktail & ice cream roll or fruit yoghurt/fresh fruit
Friday	Salmon nuggets, mashed potatoes and baked beans
	Jacket potato with cheese & baked beans
	Jacket Potato with vegetable chilli & salad
	Child in need cake or yoghurt/fresh fruit

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Week 3 w/b 20 November 17	
Mon	Beef meatballs in tomato & basil sauce, with pasta twists and salad
	Quorn meatballs in tomato & basil sauce, with pasta twists and salad
	Jacket Potato, cheese & salad
	Fruity flapjacks & melon or fruit yoghurt/fresh fruit
Tues	Chicken pieces with sweet & sour sauce (separate) basmati rice and crunchy veg
	Jacket potato, cheese and baked beans
	Jacket Potato coleslaw & crunchy vegetables
	Chocolate mousse slice or fruit yoghurt/fresh fruit
Wed	Roast Pork in gravy, roast potatoes, seasonal veg and apple sauce
	Broccoli, cream cheese & potato bake, roast potatoes, seasonal veg
	Jacket potato, cheese and baked beans
	Orange drizzle cake & custard or fruit yoghurt/fresh fruit
Thurs	Braising steak in gravy with mashed potato and seasonal vegetables
	Quorn sausages in gravy with mashed potato and seasonal vegetables
	Jacket Potato with tuna & sweetcorn mayo and salad
	Banana & chocolate sauce or fruit yoghurt/fresh fruit
Friday	Fillet of fish in a roll with lettuce, diced potatoes and tomato sauce
	Vegetable burger in a roll with lettuce, diced potatoes and tomato sauce
	Jacket Potato, cheese & spaghetti hoops
	Toffee tart & cream or fruit yoghurt/fresh fruit

All meals cost £2.20. Cheque payable to Ermine Primary Academy.

You can order weekly or every three weeks. Orders in by 9.15am on a Thursday for the following week

If your child does not want a school meal please return the form with your child's name and the dinners crossed through.

Total Cost £..... Free school meal

Foundation/KS1 universal free meal

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Total Cost £..... Free school meal

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