

Name \_\_\_\_\_ Class \_\_\_\_\_

Name \_\_\_\_\_ Class \_\_\_\_\_

Name \_\_\_\_\_ Class \_\_\_\_\_

Week 1 w/b 15 January 18		
Mon	Roast Turkey in gravy, roast potatoes & seasonal veg	
	Quorn cottage pie with roast potatoes & seasonal veg	
	Jacket Potato, cheese, coleslaw & salad	
	Oat & raisin cookie or fruit yoghurt/fresh fruit	
Tues	Breaded chicken fillet served with new potatoes and sweetcorn	
	Potato longboats with a mild Quorn chili, herby bread & salad	
	Jacket Potato, cheese & crunchy veg	
	Cherry crumble & custard or fruit yoghurt/fresh fruit	
Wed	Beef lasagne with a bread roll and crunchy veg	
	Macaroni cheese with herby bread roll and crunchy veg	
	Jacket Potato tuna & sweetcorn mayo, crunchy veg	
	Chocolate & pear sponge with chocolate sauce or fruit yoghurt/fresh fruit	
Thurs	Beef burger in a roll with herby diced potatoes and corn on the cob	
	Cheese & tomato pizza, herby diced potatoes and corn on the cob	
	Jacket Potato, cheese & spaghetti hoops	
	Chocolate & orange cookie roll or fruit yoghurt/fresh fruit	
Friday	Salmon nuggets with mashed potatoes and baked beans	
	Jacket Potato, cheese & beans	
	Jacket Potato, vegetable chilli and salad	
	Fruit cocktail and ice cream or fruit yoghurt/fresh fruit	

Week 2 w/b 22 January 18		
Mon	Beef meatballs in tomato & basil sauce, with pasta twists and salad	
	Quorn meatballs in tomato & basil sauce, with pasta twists and salad	
	Jacket Potato, cheese & salad	
	Fruity flapjack & melon or fruit yoghurt/fresh fruit	
Tues	Chicken pieces with sweet & sour sauce, basmati rice & crunchy veg	
	Jacket Potato, cheese & beans	
	Jacket Potato with coleslaw & salad	
	Toffee tart and cream or fruit yoghurt/fresh fruit	
Wed	Roast Pork in gravy, roast potatoes & seasonal veg	
	Stuffed ratatouille pepper, roast potatoes & seasonal veg	
	Jacket Potato, cheese & spaghetti hoops	
	Orange drizzle cake & custard or fruit yoghurt/fresh fruit	
Thurs	Minced beef & potato pie with mashed potatoes and seasonal veg	
	Quorn sausages in gravy with mashed potatoes and seasonal veg	
	Jacket Potato tuna, sweetcorn mayo, salad	
	Banana & chocolate ice cream or fruit yoghurt/fresh fruit	
Friday	Golden fish fillet with diced potatoes and beans	
	Vegetable burger with diced potatoes and beans	
	Jacket Potato cheese & beans	
	Apple sponge and custard or fruit yoghurt/fresh fruit	

Week 3 w/b 29 January 18		
Mon	Pork sausage in a roll, diced potatoes & corn on the cob	
	Quorn sausage in a roll, diced potatoes & corn on the cob	
	Jacket Potato, tuna mayo & salad	
	Peach sponge & custard or fruit yoghurt/fresh fruit	
Tues	Savoury mince hotpot served with crusty bread and garden peas	
	Roast vegetable lasagne served with crusty bread and garden peas	
	Jacket Potato cheese & spaghetti hoops	
	Chocolate & banana brownie with chocolate sauce or fruit yoghurt/fresh fruit	
Wed	Mild & fruity chicken curry, basmati rice, naan bread and salad	
	Jacket Potato, cheese & beans	
	Jacket Potato, chicken and bacon mayo, salad	
	Toffee sponge with ice cream or fruit yoghurt/fresh fruit salad	
Thurs	Roast Beef in gravy, roast potatoes & seasonal veg	
	Quorn fillet in gravy, roast potatoes & seasonal veg	
	Jacket Potato with chicken curry & crunchy veg	
	Orange and mandarin jelly or fruit yoghurt/fresh fruit	
Friday	Battered cod fillet, mashed potatoes and baked beans	
	Vegetable finger, mashed potatoes and baked beans	
	Jacket Potato, cheese & beans	
	Mini flapjack & melon slice or fruit yoghurt/fresh fruit	

All meals cost £2.20. Cheque payable to Ermine Primary Academy.

You can order weekly or every three weeks. Orders in by 9.15am on a Thursday for the following week

If your child does not want a school meal please return the form with your child's name and the dinners crossed through.

Total Cost £..... Free school meal   
 Foundation/KS1 universal free meal

Total Cost £..... Free school meal   
 Foundation/KS1 universal free meal

Total Cost £..... Free school meal   
 Foundation/KS1 universal free meal