

Name _____ Class _____

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Week 1 w/b 17 September		
Mon	Two pork sausages, mashed potatoes and seasonal veg, gravy	
	Two quorn sausages, mashed potatoes and seasonal veg	
	Jacket potato, chicken & bacon mayo, salad	
	Orange Viennese biscuit or fruit yoghurt/fresh fruit/cheese & crackers	
Tues	Beef bolognaise, pasta shells, garlic bread and side salad	
	Roast vegetable lasagne, garlic bread and side salad	
	Jacket Potato spaghetti hoops, salad	
	Shortbread and melon slice or fruit yoghurt/fresh fruit/cheese & crackers	
Wed	Cheese & tomato pizza, herby potatoes and beans	
	Potato boat with quorn chilli, herby potatoes, crunchy veg	
	Jacket Potato, cheese & crunchy veg	
	Jam sponge & custard or fruit yoghurt/fresh fruit/cheese & crackers	
Thurs	Roast chicken in gravy, roast potatoes & seasonal veg	
	Cauliflower, broccoli & cherry tomato bake, roast potatoes & seasonal veg	
	Jacket Potato, coleslaw, crunchy veg	
	Cherry crumble & ice cream or fruit yoghurt/fresh fruit/cheese & crackers	
Friday	Bubble salmon fillet, new potatoes and garden peas	
	Jacket Potato cheese, baked beans,	
	Jacket Potato, vegetable chilli, salad	
	Chocolate mousse slice or fruit yoghurt/fresh fruit/cheese & crackers	

Week 2 w/b 24 September 18		
Mon	Chicken fillet in tomato, basil sauce, basmati rice, green beans	
	Mixed bean & vegetable burrito, basmati rice, green beans	
	Jacket Potato with cheese & beans	
	Mini fruit muffin & melon slice or fruit yoghurt/fresh fruit/cheese & crackers	
Tues	Pork sausage, mini omelette, hash brown and baked beans	
	Quorn sausage, mini omelette, hash brown and baked beans	
	Jacket Potato, veg chilli, salad	
	Fruit jelly & cream or fruit yoghurt/fresh fruit/cheese & crackers	
Wed	Ham salad jacket potato and sweetcorn	
	Macaroni cheese, herby bread and sweetcorn	
	Jacket Potato, cheese & crunchy veg	
	Cornflake tart & custard or fruit yoghurt/fresh fruit/cheese & crackers	
Thurs	Roast beef in gravy, roast potatoes & seasonal veg	
	Quorn fillet, roast potatoes & seasonal veg	
	Jacket Potato coleslaw & crunchy veg	
	Banana & chocolate ice cream or fruit yoghurt/fresh fruit/cheese & crackers	
Friday	Battered cod fillet, twisters and baked beans	
	Jacket Potato, cheese & salad	
	Jacket Potato tuna & sweetcorn mayo	
	American pancake, fruity sauce & cream or fruit yoghurt/fresh fruit/cheese & crackers	

Week 3 w/b 1 October 18		
Mon	Lincolnshire sausages, mashed potatoes and seasonal veg, gravy	
	Cauliflower, broccoli, potato bake, poacher cheese, mashed potatoes & seasonal veg	
	Jacket Potato, cheese, side salad	
	Carrot cake or fruit yoghurt/fresh fruit/cheese & crackers	
Tues	Chicken & vegetable pie, roast potatoes and garden peas	
	Quorn cottage pie, roast potatoes and garden peas	
	Jacket Potato, tuna & sweetcorn mayo	
	Apple sponge & custard or fruit yoghurt/fresh fruit/cheese & crackers	
Wed	Beef lasagne, herby bread, side salad	
	Quorn paella, herby bread, side salad	
	Jacket Potato spaghetti hoops, cheese, salad	
	Cherry shortbread & fruit slice or fruit yoghurt/fresh fruit/cheese & crackers	
Thurs	Cheese burger, herby diced potatoes, corn on the cob, tomato ketchup	
	Cheese & tomato pizza, herby diced potatoes, corn on the cob	
	Jacket Potato mini sausages & baked beans	
	Chocolate & orange cookie or fruit yoghurt/fresh fruit/cheese & crackers	
Friday	Fish bubble fillet, smiley potatoes, baked beans	
	Jacket Potato cheese, baked beans,	
	Jacket Potato, vegetable chilli, salad	
	Sponge & pink custard or fruit yoghurt/fresh fruit/cheese & crackers	

All meals cost £2.20. Cheque payable to Ermine Primary Academy.

You can order weekly or every three weeks. Orders in by 9.15am on a Thursday for the following week

If your child does not want a school meal please return the form with your child's name and the dinners crossed through.

Total Cost £..... Free school meal

Foundation/KS1 universal free meal

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